



## JP'S TOP TILDA TIPS

- 7 **Risotto is the perfect dish** to include on the menu as it can be updated so easily according to the season and creates a **great vegetarian option**.
- 7 **Tilda Rice is a perfect substitute** for potatoes or pasta - it doesn't leave customers feeling as full and beautifully **absorbs flavours of the dish**.
- 7 **Tilda Rice is an excellent healthy option** and also perfect to serve allergy sufferers – there is no cholesterol, it is very low in fat and is gluten free.

# Tilda RICE MATTERS

Legendary Rice

...TO THE MILLBROOK INN,  
SOUTH POOL, DEVON

As winner of the Tilda Kitchen Team and overall Pub Chef of the Year categories at this year's Great British Pub Food Awards, Head Chef Jean-Philippe (or JP as he is better known) Bidart's passion for excellent quality, as well as his deserved success and reputation, is designating the Millbrook Inn a hotspot for locals and tourists alike.

Situated just a few hundred yards from the Salcombe Estuary, the current menu at the Millbrook is an enticing selection of British and French inspired dishes with a strong focus on fresh, locally sourced fish. The quality, taste and appeal of the locally sourced ingredients is matched by Tilda's Arborio Rice that is used to create the delicious *Start Bay Crab, Chipirones and Squid Ink Risotto* dish. JP comments, "Risotto is always a popular choice on the menu and so easy to update seasonally. You can create a really impressive, delicious dish so easily using a few fresh, seasonal, locally sourced ingredients and Tilda Arborio Rice – it is so easy to cook with."

Another rice JP is keen on is Tilda Easy Cook Basmati & Wild Rice claiming, "It is so easy to work with. Tilda Easy Cook Basmati & Wild Rice goes with so many ingredients and is perfect with fish, poultry, meat, vegetables – anything! It keeps its flavour consistently with a lovely nutty taste and texture."

A hugely important factor to the Millbrook Inn is looking after their local suppliers. It is no surprise therefore that JP recognises Tilda's fair play credentials agreeing, "The fact that Tilda looks after its Basmati farmers sits well with how the Millbrook is run, you know that if the farmers are happy they will produce the best rice which in turn also means the best product for us."



*"The flavour and the quality of Tilda's rice is a key reason I would recommend it to any chef - you cannot make a proper dish without these two crucial factors."*

**JEAN-PHILIPPE BIDART,**  
HEAD CHEF, MILLBROOK INN, SOUTH POOL



To find out more about why rice matters, to watch JP's video and read his delicious recipes visit

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